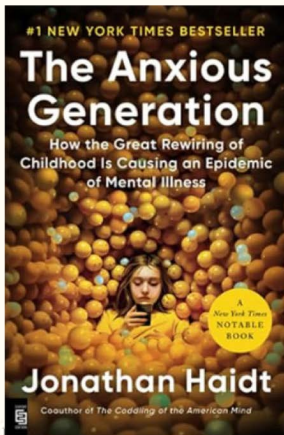


Calling Parents, Guardians, & Families!

CEC BOOK STUDY



The Anxious Generation: How the Great Rewiring of Childhood is Causing an Epidemic of Mental Illness by Jonathan Haidt

Join CEC Counselors for great discussion about helping teens navigate and find balance in today's technology emersed society. We have some copies of the book on first come basis. Contact the counselor at your school to request one.

MORNINGS OR EVENINGS

8:00 - 9:30 AM

Last Friday of the Month

1/30, 2/27, 3/27, 4/24

CEC Fort Collins HS
4424 Innovation Drive

4:30 - 6:00 PM

Wednesdays

2/11, 3/11, 4/15

CEC Fort Collins MS
4512 McMurry Ave.

Email any of us for more information and to sign up.

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