

CEC FT COLLINS HS OCTOBER MENU

2024

Chef Mikey Presents

My Kid's Lunch

A division of Michael's of Denver Catering
303-778-0916



| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---|--|--|--|
| | 1 Chicken Nuggets Buttermilk Biscuit BBQ Sauce Carrots, Ranch Dip Green Apple | 2 Beef Meat Sauce Rotini Pasta Steamed Broccoli Cinnamon Peaches | 3 Chicken Fajitas Onions, Peppers Tortillas, Salsa Black Beans Orange Quarters | 4 Cheese Stuffed Breadsticks Marinara Dipping Sauce Mixed Veggies Cinnamon Apples |
| 7 Turkey Hot Dog Wheat Bun, Ketchup Baked Beans Fruit Cup | 8 Orange Chicken Brown Rice Steamed Carrots Cinnamon Apples | 9 Meatballs in Marinara Garlic Knot Steamed Broccoli Fresh Banana | 10 Crispy Chicken Sandwich Wheat Bun Buffalo Sauce Steamed Corn Orange Quarters | 11 Ham & Cheese Sandwich Deli Ham Sliced Provolone Celery Sticks Ranch Dip Seasonal Fruit |
| 14 No School | 15 No School | 16 No School | 17 No School | 18 No School |
| 21 Meatball Sub Marinara Sauce Hoagie Roll Steamed Carrots Fruit Cup | 22 Breakfast Sandwich Buttermilk Biscuit Egg Patty Cheddar Cheese Hash Browns Fresh Green Apple | 23 Cheese Lasagna Roll Up Romaine Salad Ranch Dressing Cinnamon Apples | 24 Beef Soft Tacos Cheddar Cheese Tortillas, Salsa Refried Beans Orange Quarters | 25 Turkey & Cheese Croissant Deli Turkey Sliced Cheddar Celery Sticks Ranch Dip Applesauce |
| 28 Chicken Tenders BBQ Sauce Homemade Cornbread Carrot Bites, Ranch Dip | 29 Grilled Hamburger Wheat Bun, Ketchup Baked Beans Cinnamon Peaches | 30 Pancakes, Syrup Sausage Patty Hash Browns Orange Quarters | 31 Macaroni & Cheese BBQ Chicken Broccoli, Ranch Dip Fresh Green Apple | |

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| Kiwi-Strawberry Sidekick | | | | |
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****This institution is an equal opportunity provider.***

*****All meals are served with a choice of 1% or skim white milk. Chocolate milk is offered on Fridays.***

******This menu is subject to change based on item availability***

*******Shelf stable meal kits available upon request.***

Our menu items may contain milk, eggs, wheat, soy, sesame, fish or shellfish.