

CEC FT COLLINS HS OCTOBER MENU

2024

Chef Mikey Presents

My Kid's Lunch

A division of Michael's of Denver Catering
303-778-0916



Monday	Tuesday	Wednesday	Thursday	Friday
	1 Chicken Nuggets Buttermilk Biscuit BBQ Sauce Carrots, Ranch Dip Green Apple	2 Beef Meat Sauce Rotini Pasta Steamed Broccoli Cinnamon Peaches	3 Chicken Fajitas Onions, Peppers Tortillas, Salsa Black Beans Orange Quarters	4 Cheese Stuffed Breadsticks Marinara Dipping Sauce Mixed Veggies Cinnamon Apples
7 Turkey Hot Dog Wheat Bun, Ketchup Baked Beans Fruit Cup	8 Orange Chicken Brown Rice Steamed Carrots Cinnamon Apples	9 Meatballs in Marinara Garlic Knot Steamed Broccoli Fresh Banana	10 Crispy Chicken Sandwich Wheat Bun Buffalo Sauce Steamed Corn Orange Quarters	11 Ham & Cheese Sandwich Deli Ham Sliced Provolone Celery Sticks Ranch Dip Seasonal Fruit
14 No School	15 No School	16 No School	17 No School	18 No School
21 Meatball Sub Marinara Sauce Hoagie Roll Steamed Carrots Fruit Cup	22 Breakfast Sandwich Buttermilk Biscuit Egg Patty Cheddar Cheese Hash Browns Fresh Green Apple	23 Cheese Lasagna Roll Up Romaine Salad Ranch Dressing Cinnamon Apples	24 Beef Soft Tacos Cheddar Cheese Tortillas, Salsa Refried Beans Orange Quarters	25 Turkey & Cheese Croissant Deli Turkey Sliced Cheddar Celery Sticks Ranch Dip Applesauce
28 Chicken Tenders BBQ Sauce Homemade Cornbread Carrot Bites, Ranch Dip	29 Grilled Hamburger Wheat Bun, Ketchup Baked Beans Cinnamon Peaches	30 Pancakes, Syrup Sausage Patty Hash Browns Orange Quarters	31 Macaroni & Cheese BBQ Chicken Broccoli, Ranch Dip Fresh Green Apple	

Kiwi-Strawberry Sidekick				
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****This institution is an equal opportunity provider.***

*****All meals are served with a choice of 1% or skim white milk. Chocolate milk is offered on Fridays.***

******This menu is subject to change based on item availability***

*******Shelf stable meal kits available upon request.***

Our menu items may contain milk, eggs, wheat, soy, sesame, fish or shellfish.