

# CEC CASTLE ROCK DECEMBER MENU

## 2024

### Chef Mikey Presents

My Kid's Lunch

A division of Michael's of Denver Catering

303-778-0916



| Monday   | Tuesday  | Wednesday   | Thursday   | Friday  |
|--|--|---|--|---|
| <p>2</p> <p><i>Breakfast Bar B</i><br/>100% Juice<br/>Fresh Apple</p> <p><b>Meatball Sub</b><br/>Marinara Sauce<br/>Hoagie Roll<br/>Carrot Bites, Ranch Dip<br/>Sliced Pears</p>                           | <p>3</p> <p><i>Maple Waffle</i><br/>Dried Apples<br/>Fresh Orange</p> <p><b>Breakfast Sandwich</b><br/>Buttermilk Biscuit<br/>Egg Patty<br/>Cheddar Cheese<br/>Hash Browns<br/>Fresh Green Apple</p>         | <p>4</p> <p><i>Vanilla Yogurt</i><br/>Honey Granola<br/>100% Juice<br/>Sliced Peaches</p> <p><b>Cheese Lasagna Roll Up</b><br/>Romaine Salad<br/>Italian Dressing<br/>Cinnamon Apples</p> | <p>5</p> <p><i>Apple Cinnamon</i><br/>Oatmeal Round<br/>Dried Fruit<br/>Fresh Banana</p> <p><b>Beef Soft Tacos</b><br/>Cheddar Cheese<br/>Tortillas, Salsa<br/>Refried Beans<br/>Orange Quarters</p> | <p>6</p> <p><i>Pumpkin Bread</i><br/>String Cheese<br/>100% Juice<br/>Applesauce Cup</p> <p><b>Turkey &amp; Cheese</b><br/>Croissant<br/>Deli Turkey<br/>Sliced Cheddar<br/>Cucumber Salad<br/>Seasonal Fruit</p> |
| <p>9</p> <p><i>Strawberry Cinnaboli</i><br/>100% Juice<br/>Fresh Apple</p> <p><b>Chicken Tenders</b><br/>BBQ Sauce<br/>Homemade Cornbread<br/>Carrot Bites, Ranch Dip<br/>Kiwi-Strawberry<br/>Sidekick</p> | <p>10</p> <p><i>Cocoa Puffs Bowl</i><br/>Dried Apples<br/>Fresh Orange</p> <p><b>Grilled Hamburger</b><br/>Wheat Bun, Ketchup<br/>Baked Beans<br/>Sliced Peaches</p>   | <p>11</p> <p><i>Lemon Poppyseed</i><br/>Bread<br/>String Cheese<br/>100% Juice<br/>Fruit Cup</p> <p><b>Pancakes, Syrup</b><br/>Sausage Patty<br/>Hash Browns<br/>Orange Quarters</p>      | <p>12</p> <p><i>Breakfast Bar A</i><br/>Dried Fruit<br/>Fresh Banana</p> <p><b>Macaroni &amp; Cheese</b><br/>BBQ Chicken<br/>Broccoli, Ranch Dip<br/>Fresh Green Apple</p>                           | <p>13</p> <p><i>Banana Bread</i><br/>Vanilla Yogurt<br/>100% Juice<br/>Applesauce Cup</p> <p><b>Mini Cheese Pizzabolis</b><br/>Marinara Dipping<br/>Sauce<br/>Cucumber Salad<br/>Seasonal Fruit</p>               |
| <p>16</p> <p><i>Breakfast Bar A</i><br/>100% Juice<br/>Fresh Green Apple</p> <p><b>Chicken Potstickers</b><br/>Soy Sauce<br/>Carrot Bites<br/>Ranch Dip<br/>Sliced Peaches</p>                             | <p>17</p> <p><i>Cheerios Bowl</i><br/>String Cheese<br/>Dried Apples<br/>Fresh Orange</p> <p><b>Seasoned Beef Chili</b><br/>Shredded Cheddar<br/>Homemade Cornbread<br/>Baked French Fries<br/>Pineapple</p> | <p>18</p> <p><b>No School</b></p>   | <p>19</p> <p><b>No School</b></p>  | <p>20</p> <p><b>No School</b></p>   |
| 23   | 24   | 25  | 26   | 27  |

|           |           |                 |           |           |
|-----------|-----------|-----------------|-----------|-----------|
| No School | No School | Merry Christmas | No School | No School |
| No School | No School |                 |           |           |

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***\*This institution is an equal opportunity provider.***

***\*\*All meals are served with a choice of 1% or skim white milk. Chocolate milk is offered on Fridays.***

***\*\*\*This menu is subject to change based on item availability***

***\*\*\*\*Shelf stable meal kits available upon request.***

***Our menu items may contain milk, eggs, wheat, soy, sesame, fish or shellfish.***