

Please note that this catalog provides a comprehensive list of courses that may have been offered previously, currently and/ or potentially in future semesters. Please refer to the separate Spring and Fall Course Offering sheets for current courses offered.

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Pathways and Minimum Requirements

University and Associate Pathway

- I. English | 4 Credits
- II. Math | 4 Credits
- III. Science | 3 Credits
- IV. Social Science | 3 Credits
- V. World Languages | 2 Credits
- VI. College & Career Readiness | .5 Credits
- VII. Academic Electives | 3.5 Credits

Associate's Degree or 60 College Credits

Career and Technical Education Pathway

- I. English | 4 Credits
- II. Math | 3 Credits
- III. Science | 2 Credits
- IV. Social Science | 2 Credits
- V. College & Career Readiness | .5 Credits
- VI. Academic Electives | 8.5 Credits

Industry Approved Certificate

I. English

Every student will be enrolled in an English class every semester until 4 English credits are earned. Completion of any 1000-level college English course satisfies the requirement, regardless of credits.

II. Math

Every student will be enrolled in a Math class every semester until 3 or 4 math credits are earned (dependent on the pathway). Completion of any 1000-level college Math course (MAT 1340, MAT 120, MAT 1150 etc.) satisfies the requirement, regardless of credits.

III. Science

Every student must earn 2-3 science credits (dependent on the pathway).

IV. Social Science

Every student must earn 2-3 social science credits (dependent on the pathway), including Civics or U.S. Government (state requirement). Additional topics on Genocide & Holocaust must be included (state requirement).

V. World Languages

Every student must complete level II proficiency of a language if on the University Pathway.

VI. College and Career Readiness

Every student must earn .5 credits of College and Career Readiness.

VII. Academic Electives

Electives can be completed at the high school or college level.

Graduation Achievement Opportunities

Associate's Degrees: Students can earn a full Associate of Arts (AA) or Associate of General Studies (AGS) degree by taking courses on the CECCR Campus, or through the help of our main partner college, Arapahoe Community College. Ability to achieve an Associate's Degree at the school depends on initial class placement and performance in college classes.

Industry/Post-Secondary Certifications: Students can earn an industry or post-secondary certification through one of our many courses, listed below.

Class Code	Class Name	Certification
Robotics 1	H.S. Robotics 1	Python
Robotics 2	H.S. Robotics 2	C++
3-D Printing 1	Engineering Design: 3-D Printing 1	AutoDesk- Fusion360
3-D Printing 2	Engineering Design: 3-D Printing 2	AutoDesk- Fusion360
Drones 1	H.S. Drones 1	107 Pilot: Unmanned Aircraft License- (Must be 16 with a driver's license)
Drones 2	H.S. Drones 2	107 Pilot: Unmanned Aircraft License- (Must be 16 with a driver's license)
Digital Media/Adobe	H.S. Digital Media	Adobe- Photoshop and Illustrator
Certification Lab	H.S. Certification Lab	Microsoft Suite or Specialist
IT Fundamentals 1	IT Fundamentals 1	IT Fundamentals
IT Fundamentals 2- A+	IT Fundamentals 2	A+
Workforce	H.S. Workforce Readiness	Communication Skills for Business
Bus 1015	Introduction to Business	Entrepreneur/Small Business

We also offer a Nurse Aide Pathway Program:

Pathway	Details		
Nurse Aide Pathway	Level 1: Introduction to Health Science (high school)		
(Approved CTE Pathway) Certifications: C.N.A., Phlebotomy, BLS	Level 2: Anatomy and Physiology (high school) Level 3: HWE 1050 Human Nutrition (on-campus college class) Level 4 Options (all off campus):		
CTSO: HOSA (Health Occupation Student Association)	 NUA 1001 Nurse Aide Health Care Skills NUA 1070 Nurse Aide Clinical Experience NUA 1071 Advanced Nurse Aide Clinical 1 HPR 1080 Internship HPR 1020 Phlebotomy 		

Freshman Cohorts

For the 2025-2026 school year, we are introducing Cohorts to our freshmen group of students. If a teacher is leading a cohort group, there are two main responsibilities they will need to meet while they run the course: advisory and elective.

- Advisory: During advisory time, students will learn the ins and outs of school and college. It introduces students to CEC school culture, as well as college culture, and prepares them for the challenges they will face in their continued education. Students will have time to meet with staff from all areas of the school, I.E. Head of School, Academic Dean, Director of Campus Culture, etc, and learn about policies and procedures from all departments. Students will do some personal exploration of their career and professional identity.
- **Elective:** Each Cohort will have an elective session, outlined below, where they will be introduced to a topic in the school that aligns with their future programming interests. All of these electives will be introductory classes into the specific content.

Cohort	Elective
Cohort 1	TBD
Cohort 2	TBD
Cohort 3	TBD
Cohort 4	TBD
Cohort 5	TBD

Course Catalog Notations

Please note that this catalog provides a comprehensive list of courses that may have been offered previously, currently and/or potentially in future semesters. Please refer to the separate Spring and Fall Course Offerings for the courses offered by semester.

All courses are semester-long courses. College classes typically meet two to four times a week. These courses are referred to as "college bridge" and are listed with their college course numbers, e.g., PSY1001. High School level courses are referred to as "college prep" classes but labeled with H.S. in the catalog for high school, and typically meet five days a week.

Homework Expectations: Students taking college level courses should expect an average of 2-3 hours of homework per college credit per week. Expect a heavier workload for classes with 4 or 5 credit hours. For example, a student taking four 3 credit hour college classes (12 credits total) should expect an average of 24-36 hours of studying per week.

Course Equivalency: College semester credit hours convert to high school semester credits at a rate of 1/3. For example: ENG 1021 worth 3 college credit hours would convert to 1 high school credit.

<u>ENGLISH</u>

H.S. English Content Lab

Description: English content lab emphasizes building literature analysis and comprehension skills and writing skills. The learning objectives will be differentiated and focuses on building competency in the learning objectives of English 090 and 099.

Prerequisites: None Designation: *College Prep* Credits: 0.25 high school Contact: M-F, 30 minutes

H.S. Fundamental English (ENG 060)

Description: Focuses on paragraph structure and development and introduces the formal essay. Enables the student to review and improve grammar, usage, and punctuation skills while employing critical thinking strategies and the writing process to respond to a wide variety of texts and writing situations. Focuses on strategies for vocabulary development, improved reading comprehension, and enrichment.

Prerequisites: *None* Designation: College Prep Credits: 1 high school Contact: M-F, 60 minutes

H.S. Literature & Composition Foundations (ENG 090)

Description: Emphasizes critical thinking as students explore literature written for a variety of purposes and audiences. Enables the student to develop skills required for college-level reading while reviewing elements of literature and various writing styles. Enables the student to apply strategies for improving reading comprehension, developing vocabulary, and improving necessary writing skills.

Prerequisites: Literature & Composition Foundations (ENG 060) or appropriate ACCUPLACER scores Designation: College Prep Credits: 1 high school Contact: M-F, 60 minutes

H.S. Fiction Reading and Writing (ENG 095)

Description: The emphasis of English 095 will be reading fiction and writing. Building from what was learned in 090, students will delve deeper into fictional readings, analyze poetry and playwriting, and review elements of literature using historical context. It will enable the student to develop skills in college-level literary analysis and critical thinking, as well as college-level writing. Students will be able to proceed onto 099 with increasing reading comprehension and elevated vocabulary.

Prerequisites: Literature & Composition College Prep (ENG 090) and/or appropriate ACCUPLACER scores Designation: College Prep Credits: 1 high school Contact: M-F, 60 minutes

H.S. Non-Fiction Reading and Writing (ENG 099)

Description: The emphasis of English 099 will be preparing for college level composition. In addition, students will read a non-fiction text to complement the writing assignments. The writing will be more academic in that

the objective is to advance critical thinking skills, enhance the student's ability to engage with sophisticated texts, and to find and infer connections among a variety of texts with various purposes and audiences. Students can expect to read several nonfiction support materials such as articles and non-fiction texts. Students write four major papers in preparation for ENG 1021. It is highly recommended that students take this course to bridge the gap between high school courses and the demand of college-level work. English 099 provides students additional time to grow and achieve the academic prowess and acumen to be successful in ENG 1021.

Prerequisites: Literature & Composition College Prep (ENG 090) and/or appropriate ACCUPLACER scores Designation: College Prep Credits: 1 high school Contact: M-F, 60 minutes

English Composition I (ENG 1021 | GT-CO1)

Description: Emphasizes the planning, writing, and revising of compositions, including the development of critical and logical thinking skills. This course includes a minimum of five compositions that stress analytical, evaluative, and persuasive/argumentative writing.

Prerequisites: English 099 and college ready English ACCUPLACER scores (required).
Designation: Arapahoe Community College
Credits: 3 college credits / 1 high school
Contact: M/W, 90 minutes OR T/Th, 90 minutes (M/W/F, 60 minutes OR T/TH/F, 60 minutes)

English Composition II (ENG 1022 | GT-CO2)

Description: Expands and refines the objectives of English Composition I. Emphasizes critical/logical thinking and reading, problem definition, research strategies, and writing analytical, evaluative, and argumentative compositions.

Prerequisites: English Composition I (ENG 1021 or ENG 1031) and college ready English ACCUPLACER scores

Designation: Arapahoe Community College **Credits**: 3 college credits / 1 high school **Contact:** M/W, 90 minutes OR T/Th, 90 minutes (M/W/F, 60 minutes OR T/TH/F, 60 minutes)

Creative Writing (ENG 2021 | GT-AH1)

Description: Examines techniques for creative writing by exploring imaginative uses of language through creative genres (fiction, poetry, and other types of creative production such as drama, screenplays, graphic narrative, or creative nonfiction) with emphasis on the student's unique style, subject matter, and needs.

Prerequisites: None

Designation: Arapahoe Community College

Credits: 3 college credits / 1 high school

Contact: M/W, 90 minutes OR T/Th, 90 minutes (M/W/F, 60 minutes OR T/TH/F, 60 minutes)

<u>MATH</u>

H.S. Content Lab Algebra

Description: Develops and solidifies the foundation skills for Algebra I of includes first-degree equations, inequalities, formulas, polynomials, factoring polynomials, solving quadratic equations by factoring, graphing linear equations, and applications. Algebraic fractions and systems of linear equations may be included.

Prerequisites: *None* Designation: College Prep Credits: 0.25 high school Contact: M-F, 30 minutes

H.S. Content Lab Geometry

Description: Develops and solidifies the foundation skills for Geometry including, identifying various geometric figures, and proving theorems associated with them. Aiding in making conjectures and proving theorems.

Prerequisites: *None* Designation: College Prep Credits: 0.25 high school Contact: M-F, 30 minutes

∆ ALEKS Math

Description: ALEKS Math is a course that assists students in their math education by providing supplemented education through a computer-assisted instructional program called ALEKS Math. Per their website, ALEKS is a research-based, online learning program that offers course products for Math, Chemistry, Statistics, and more. Rooted in 20 years of research and analytics, ALEKS is a proven, online learning platform that helps educators and parents understand each student's knowledge and learning progress in depth, and provides the individual support required for every student to achieve mastery.

Prerequisites: *None* Designation: College Prep Credits: 0.25 high school Contact: M-F, 60 minutes

H.S. Pre-Algebra (MAT 060)

Description: Explores the vocabulary, operations and applications of fractions, mixed numbers, ratios, proportions, percentages, measurements, integers, introduction to algebraic expressions, and the solution of basic first-degree equations.

Prerequisites: *None* Designation: College Prep Credits: 1 high school Contact: M-F, 60 minutes

H.S. Algebra I (MAT 090)

Description: Includes first-degree equations, inequalities, formulas, polynomials, factoring polynomials, solving quadratic equations by factoring, graphing linear equations, and applications. Algebraic fractions and systems of linear equations may be included.

Prerequisites: *Pre-Algebra (MAT 060), and/or placement via the ACCUPLACER.* **Designation**: College Prep

Credits: 1 high school Contact: M-F, 60 minutes

H.S. Algebra I A & B (MAT 090)

Description: Includes first-degree equations, inequalities, formulas, polynomials, factoring polynomials, solving quadratic equations by factoring, graphing linear equations, and applications. Algebraic fractions and systems of linear equations may be included. Algebra I-year-long course designed to learn concepts at moderate pace

Prerequisites: Pre-Algebra (MAT 060), and/or placement via the ACCUPLACER. Designation: College Prep Credits: 0.5 high school per semester Contact: M-F, 60 minutes

H.S. Algebra II for Liberal Arts Majors (MAT 095)

Description: This is a college-prep course in higher-level algebra and problem-solving skills that have been used in everyday life: in many careers and in advanced mathematics courses. This course is designed for students who have felt unsuccessful in math in the past, students who want to go on to higher-level math classes, and students who love the challenge of math. All are welcome! Math topics include polynomials, factoring, functions, exponential and logarithmic functions, and exponential and logarithmic applications.

Prerequisites: MAT 090 & Geometry and/or college-ready on the ACCUPLACER Designation: College Prep Credits: 1 high school Contact: M-F, 60 minutes

H.S. Algebra II (MAT 099)

Description: Emphasizes problem solving with further study of equations, slope, inequalities, systems of equations, polynomials, quadratic equations, rational expressions, rational exponents, radical expressions, graphing, and applications.

Prerequisites: MAT 090 & Geometry and/or college ready on the ACCUPLACER Designation: College Prep Credits: 1 high school Contact: M-F, 60 minutes

H.S. Algebra II A & B (MAT 099)

Description: Emphasizes problem solving with further study of equations, slope, inequalities, systems of equations, polynomials, quadratic equations, rational expressions, rational exponents, radical expressions, graphing, and applications.

Prerequisites: MAT 090 & Geometry and/or college ready on the ACCUPLACER Designation: College Prep Credits: 1 high school Contact: M-F, 60 minutes

Consumer Math

Description: This course is designed to meet the needs of students as they become independent consumers in our community. Students will use relationships between basic math skill principles and whole numbers, fractions, decimals, percentages, geometry, and algebraic reasoning to solve "real life" mathematical problems. The objective of the course is to prepare students for commerce in everyday life.

Prerequisites: None

Designation: College Prep Credits: 0.5 high school Contact: Contact: M-F, 60 minutes

H.S. Geometry and Statistics

Description: Geo/Stats begins the exploration of math as an art; both from a visual perspective and an intellectual perspective. We will learn to identify various geometric figures and prove theorems associated with them. Principles of reasoning will be learned to aid in making conjectures and proving theorems. An important concept in Statistics is interpreting and extrapolating information from graphical representations of data. A large part of the course will introduce concepts by exploratory means, where the student will get a chance to create mathematics.

Prerequisites: Algebra I (MAT 090), and/or placement via the ACCUPLACER Designation: College Prep Credits: 1 high school Contact: M-F, 60 minutes

Mathematics for Liberal Arts (MAT 1240 | GT-MA1)

Description: Develops mathematical and problem-solving skills. Appropriate technological skills are included. Content is selected to highlight connections between mathematics and the society in which we live. Topics include set theory and logic, mathematical modeling, probability, and statistical methods, and consumer mathematics. Additional content will include one topic in geometry, numeration systems, decision theory, or management science.

Prerequisites: *MAT 095 and College Readiness in Quantitative Literacy Math* Designation: Arapahoe Community College Credits: 4 college credits / 1.5 high school Contact: M-Th, 60 minutes

Introduction to Statistics (MAT 1260 | GT-MA1)

Description: Includes data presentation and summarization, introduction to probability concepts and distributions, statistical inference-estimation, hypothesis testing, comparison of populations, correlation, and regression.

Prerequisites: College Readiness in Quantitative Literacy Math
Designation: Arapahoe Community College
Credits: 3 college credits / 1 high school
Contact: Contact: M/W, 90 minutes OR T/Th, 90 minutes (M/W/F, 60 minutes OR T/TH/F, 60 minutes)

College Algebra (MAT 1340 | GT-MA1)

Description: Includes a brief review of intermediate algebra, equations, and inequalities, functions and their graphs, exponential and logarithmic functions, linear and non-linear systems, selection of topics from among graphing of the conic sections, introduction to sequences and series permutations and combinations, the binomial theorem and theory of equations.

Prerequisites: College Readiness in Quantitative Literacy Math Designation: Arapahoe Community College Credits: 4 college credits / 1.5 high school Contact: M-Th, 60 minutes

College Trigonometry (MAT 1420 | GT-MA1)

Description: Covers topics including trigonometric functions (with graphs and inverse functions), identities and equations, solutions of triangles, complex numbers, and other topics as time permits. This is a traditional prerequisite course to the calculus sequence.

Prerequisites: College Algebra (MAT 1340) and college-ready math ACCUPLACER scores.
Designation: Arapahoe Community College
Credits: 3 college credits / 1 high school
Contact: M/W, 90 minutes OR T/Th, 90 minutes (M/W/F, 60 minutes OR T/TH/F, 60 minutes)

Calculus I (MAT 2410 | GT-MA1)

Description: Introduces single variable calculus and analytic geometry. Includes limits, continuity, derivatives, and applications of derivatives as well as indefinite and definite integrals and some applications.

Prerequisites: (MAT 1420 or MAT 1440) and college ready math ACCUPLACER scores.

Designation: Arapahoe Community College **Credits:** 5 college credits / 2 high school

Contact: M-F, 60 minutes

SCIENCE

Anatomy and Physiology

Description: Focuses on basic knowledge of body structures and function. Provides a foundation for understanding deviations from normal and disease conditions. This course is designed for individuals interested in healthcare and is directly applicable to the many medical programs.

Prerequisites: Earth Science and/or Math 090/Algebra I Designation: College Prep Credits: 1 high school Contact: M-F, 60 minutes

H.S Biology with Lab

Description: Focuses on macro systems such as ecosystems, interactions of populations within ecosystems, and the theory of evolution. Focuses on micro systems such as cellular metabolic activities, photosynthesis and cellular respiration, cells, tissues, organs, and organ systems, and genes.

Prerequisites: Earth Science and/or Math 090/Algebra I Designation: College Prep Credits: 1 high school Contact: M-F, 60 minutes

H.S. Chemistry with Lab

Description: Students in this course will examine the fundamental properties of elements, compounds, and mixtures. Chemical reactions and chemical processes are observed and explained at the atomic and molecular level using the scientific method. Students will integrate conceptual understandings, algebra skills, and an ongoing laboratory experience to develop the fundamentals of problem solving, laboratory work, and the practical application of Chemistry.

Prerequisites: *None* Designation: College Prep Credits: 1 high school Contact: M-F, 60 minutes

H.S. Earth Science with Lab

Description: The Earth Science curriculum builds on the natural curiosity of students. We begin by exploring the systems of the Earth – the spheres and the cycles. We then look at the history of the Earth by exploring Plate Tectonics and the movement of the Earth's crust. We then look at how the Earth's surface gets shaped by weathering and erosion before finishing up by looking at the causes and effects of various natural disasters.

Prerequisites: *None* Designation: College Prep Credits: 0.5 high school Contact: M-F, 60 minutes

H.S. Environmental Science with Lab Description:

Prerequisites: *None* Designation: College Prep Credits: 1 high school Contact: M-F, 60 minutes

H.S. Physics with Lab

Description: This course encompasses core physics curriculum for continued advanced learning in scientific studies. Courses covered include forces, mechanics, energy, light and sound waves, optics, electricity, and magnetism. All covered topics will be both lecture and learning through lab manipulations. Students will work on various projects to encourage thorough understanding of learned material.

Prerequisites: Algebra 2 or concurrent enrollment Designation: College Prep Credits: 1 high school Contact: M-F, 60 minutes

Planetary Astronomy with Lab (AST 1110 | GT-SC1)

Description: Focuses on the history of astronomy, naked-eye sky observation, tools of the astronomer, contents of the solar system and life in the universe. Incorporates laboratory experience.

Prerequisites: College Readiness in English and Quantitative Literacy Math Designation: Arapahoe Community College Credits: 4 college credits / 1.5 high school Contact: M/W, 2.5 hour blocks OR T/Th, 2.5 hour blocks

Stellar Astronomy with Lab (AST 1120 | GT-SC1)

Description: Emphasizes the structure and life cycle of the stars, the sun, galaxies, and the universe, including cosmology and relativity. Incorporates laboratory experience. This is a statewide Guaranteed Transfer course in the GT- SC1 category.

Prerequisites: College Readiness in English and Quantitative Literacy Math
Designation: Arapahoe Community College
Credits: 4 college credits / 1.5 high school
Contact: M/W, 2.5 hour blocks OR T/Th, 2.5 hour blocks

Astronomy of Ancient Cultures (AST 1140 | GT-SC2)

Description: Introduces the study of archeoastronomy and ethnoastronomy. Students will study the principles of naked eye astronomy and examine how those principles have been used for timekeeping, navigation, religion and ritual, political power, cosmology, and worldview. Methods of the ethnoastronomer will be covered, including measurement of alignments, analysis of written records, examination of art and architecture and incorporation of general knowledge about the culture being studied.

Prerequisites: College ready math and college ready English ACCUPLACER scores Designation: Arapahoe Community College Credits: 3 college credits / 1 high school Contact: M/W, 90 minutes OR T/Th, 90 minutes (M/W/F, 60 minutes OR T/TH/F, 60 minutes)

Science of Biology with Lab (BIO 105 | GT-SC1)

Description: Examines the basis of biology in the modern world and surveys the current knowledge and conceptual framework of the discipline. Biology as a science- process of gaining new knowledge-is explored as is the impact of biological science on society. This course includes laboratory experiences.

Prerequisites: College ready English ACCUPLACER scores

Designation: Arapahoe Community College

Credits: 4 college credits / 1.5 high school

General College Biology I with Lab (BIO 1111 | GT-SC1)

Description: Examines the fundamental molecular, cellular, and genetic principles characterizing plants and animals. Includes cell structure and function and the metabolic processes of respiration and photosynthesis, as well as cell reproduction and basic concepts of heredity. This course includes laboratory experience.

Prerequisites: Completion of ENG 1021 and MAT 1340 with a grade "C" or better

Designation: Arapahoe Community College **Credits**: 5 college credits / 2 high school **Contact:** M/W, 3.16 hour block OR T/Th, 3.16 hour block

General College Biology II with Lab (BIO 1112 | GT-SC1)

Description: A continuation of Biology I. Includes ecology, evolution, classification, structure and function in plants and animals. This course includes laboratory experience. Note: This course was previously listed as BIO 112.

Prerequisites: Completion of ENG 1021 and MAT 1340 with a grade "C" or better Designation: Arapahoe Community College Credits: 5 college credits / 2 high school Contact: M/W, 3.16 hour block OR T/Th, 3.16 hour block

Introduction to Human Disease (BIO 1016 | GT-SC1)

Description: Focused analysis of the causes and mechanics of human illness and death will be presented for each of the major human body systems. Selected diseases will be studied in greater detail including etiology, pathogenesis, epidemiology, sociology, and therapy.

Prerequisites: None
Designation: Arapahoe Community College
Credits: 3 college credits / 1 high school
Contact: M/W, 90 minutes OR T/Th, 90 minutes (M/W/F, 60 minutes OR T/TH/F, 60 minutes)

Introduction to Chemistry I with Lab (CHE 1011 | GTSC1)

Description: Includes the study of measurements, atomic theory, chemical bonding, nomenclature, stoichiometry, solutions, acid and base, gas laws, and condensed states. Laboratory experiments demonstrate the above concepts qualitatively and quantitatively. Designed for non-science majors, students in occupational and health programs, or students with no chemistry background.

Prerequisites: College Readiness in English and Quantitative Literacy Math – 20-person cap. Upperclassmen only.
Designation: Arapahoe Community College
Credits: 5 college credits / 2 high school
Contact: M/W, 3.16 hour block OR T/Th, 3.16 hour block

General College Chemistry I with Lab (CHE 1111 | GT-SC1)

Description: Focuses on basic chemistry and measurement, matter, chemical formulas, reactions and equations, stoichiometry. This course covers the development of atomic theory culminating in the use of quantum numbers to determine electron configurations of atoms, and the relationship of electron configuration to chemical bond theory. The course includes gases, liquids, and solids and problem-solving skills are emphasized through laboratory experiments.

Prerequisites: Completion of ENG 1021 and MAT 1340 with a grade "C" or better

Designation: Arapahoe Community College **Credits:** 5 college credits / 2 high school **Contact:** M/W, 3.16 hour block OR T/Th, 3.16 hour block

General College Chemistry II (CHE 1112 | GT-SC1)

Description: Presents concepts in the areas of solution properties, chemical kinetics, chemical equilibrium, acidbase and ionic equilibrium, thermodynamics, and electrochemistry. This course emphasizes problem solving skills and descriptive contents for these topics. Laboratory experiments demonstrate qualitative and quantitative analytical techniques. This is a statewide Guaranteed Transfer course in the GT-SC1 category.

Prerequisites: Completion of CHE 1111 – C+, Accuplacer WR 246 + / Completion of ENG 1021, and MAT 1340 – C+ / Accuplacer AAF 245 + Designation: Arapahoe Community College Credits: 5 college credits / 2 high school Contact: M/W, 3.16 hour block OR T/Th, 3.16 hour block

Natural Disasters (ENV 1010 | GT-SC2)

Description: Introduces the student to the different types of natural hazards, their causes, effects, and what can be done to reduce the risks to human populations. Scientific advances related to understanding, predicting, and preparing for natural disasters are discussed. This course also covers anthropogenic changes to Earth systems which may be increasing the frequency and severity of these events. This is a statewide Guaranteed Transfer course in the GT-SC2 category.

Prerequisites: None
Designation: Arapahoe Community College
Credits: 3 college credits / 1 high school
Contact: M/W, 90 minutes OR T/Th, 90 minutes (M/W/F, 60 minutes OR T/TH/F, 60 minutes)

Environmental Science with Lab (ENV 1111 | GT-SC1)

Description: Introduces the basic concepts of ecology and the relationship between environmental problems and biological systems. This course includes interdisciplinary discussions on biology, chemistry, geology, energy, natural resources, pollution, and environmental protection. A holistic approach is used when analyzing how the foundations of natural sciences interconnect with the environment.

Prerequisites: College Readiness in English and Quantitative Literacy Math Designation: Arapahoe Community College Credits: 4 college credits / 1.5 high school Contact: M/W, 2.5 hour blocks OR T/Th, 2.5 hour blocks

Physical Geology with Lab (GEY 1111 -GT- SC1)

Description: Introduces the major topics of geology. Course content encompasses Earth's materials, structure, and surface landforms. Geologic time and the geologic processes responsible for Earth's internal and external features are covered. This course includes laboratory experience. This is a statewide Guaranteed Transfer course in the GT-SC1 category.

Prerequisites: College Readiness in English and Quantitative Literacy Math Designation: Arapahoe Community College Credits: 4 college credits / 1.5 high school Contact: M/W, 2.5 hour blocks OR T/Th, 2.5 hour blocks

Historical Geology with Lab (GEY 1112 -GT-SC1)

Description: Covers the development of Earth through the vast span of geologic time. Emphasis is on the investigation and interpretation of sedimentary rocks and features, the record of ancient environments, fossil life forms, and physical events in Earth's history within the framework of plate tectonics. This course includes laboratory experience. This is a statewide Guaranteed Transfer course in the GT-SC1 category. Note: This course was previously listed as GEY 112.

Prerequisites: College Readiness in English and Quantitative Literacy Math Designation: Arapahoe Community College Credits: 4 college credits / 1.5 high school Contact: M/W, 2.5 hour blocks OR T/Th, 2.5 hour blocks

Conceptual Physics with Lab (PHY 1105 | GT-SC1)

Description: Focuses on mechanics, heat, properties of matter, electricity and magnetism, light and modern physics. Incorporates laboratory experience.

Prerequisites: College Readiness in English and Quantitative Literacy Math Designation: Arapahoe Community College Credits: 4 college credits / 1.5 high school Contact: M/W, 2.5 hour blocks OR T/Th, 2.5 hour blocks

COMMUNICATIONS

Public Speaking (COM 1150 | Not GT)

Description: Combines the basic theories of communication with public speech performance skills. Emphasis is on speech preparation, organization, support, audience analysis, and delivery.

Prerequisites: None
Designation: Arapahoe Community College
Credits: 3 college credits / 1 high school
Contact: M/W, 90 minutes OR T/Th, 90 minutes (M/W/F, 60 minutes OR T/TH/F, 60 minutes)

Interpersonal Communication (COM 1250 | GT-SS3)

Description: Examines the communication involved in interpersonal relationships occurring in family, social, and career situations. Relevant concepts include self-concept, perception, listening, nonverbal communication, and conflict.

Prerequisites: None
Designation: Arapahoe Community College
Credits: 3 college credits / 1 high school
Contact: M/W, 90 minutes OR T/Th, 90 minutes (M/W/F, 60 minutes OR T/TH/F, 60 minutes)

Intercultural Communication (COM 2300 | GT-SS3)

Description: Provides a global view of communication across cultures and brings an awareness of how perception, language, race, verbal, and nonverbal communication impact our behaviors, messages, and interactions. Emphasis is on developing effective and ethical cross-cultural communication skills, while also building an appreciation for different cultures. This is a statewide Guaranteed Transfer course in the GT-SS3 category.

Prerequisites: None
Designation: Arapahoe Community College
Credits: 3 college credits / 1 high school
Contact: M/W, 90 minutes OR T/Th, 90 minutes (M/W/F, 60 minutes OR T/TH/F, 60 minutes)

COLLEGE AND CAREER READINESS

H.S. Senior Capstone Project

Description: The Senior Capstone course is designed to promote independent and autonomous learning through critical inquiry into a profession, academic interest, social issue, or service opportunity. This course will also encourage students to connect their projects to community issues or problems and integrate outside-of-school learning experiences, including interviews, scientific observations, or internships. Additionally, The Capstone will also address all significant senior year experiences, including college applications, financial aid, and career readiness.

Perquisites: Senior Status Designation: College Prep Credit: 0.25 high school Contact: TBD

H.S. Workforce Readiness (CSB Certification)

Description: This course will emphasize and study character as an avenue for success in post-secondary education or the workforce, equipping students with the necessary executive skills critical in decision making and appropriate behavior, improving relationships through an immersive social environment, motivating students to define their future and their place in society through goal setting and visualization and to be a positive role model and provide a catalyst for student success and achievement.

Prerequisites: Junior or Senior preferred (career pathway preferred) Designation: College Prep Credits: 1 high school Contact: M-F, 60 minutes

College 101: Student Experience (AAA 1001)

Description: This course, to be completed during students' first semester at CECCR, will help student develop and implement executive function skills including task initiation, note-taking, time management, and organization. Students will engage in teacher -guided activities and stimulating collaboration, communication, and critical thinking designed to support college readiness. A final project representing students' self-evaluation of executive skills and educational goals will culminate the course.

Perquisites: None Designation: Arapahoe Community College Credits: 1 college credits / 0.5 high school Contact: M/W, 35 minutes OR T/Th, 35 minutes

Advanced Academic Achievement (AAA 1009)

Description: Examines theories and practices associated with successful learning to enhance college success. Techniques covered include academic proficiency, personal management, effective collegiate communication, critical and creative thinking, development of community, awareness of diverse identities, and educational and career planning.

Prerequisites: None Designation: Arapahoe Community College Credits: 3 college credits / 1 high school Contact: M/W, 90 minutes OR T/Th, 90 minutes (M/W/F, 60 minutes OR T/TH/F, 60 minutes)

WORLD LANGUAGES

H.S American Sign Language I

Description: This course is designed to help students achieve an appreciation of American Sign Language and Deaf Culture (ASL I). Students will continue to develop skills in the areas of signing, facial expressions, and receptive expressions as well as learn aspects of Deaf Culture throughout the world. It is important to note that all students must earn a proficient (C or above) rating on all assessments to move on to the next sequential level (ASL II) with the recommendation of the teacher.

Prerequisites: *None* Designation: College Prep Credits: 1 high school Contact: M-F, 60 minutes

H.S American Sign Language II

Description: This course is designed to help students achieve a depth appreciation of American Sign Language and expansion Deaf Culture (ASL II). Students will continue to develop skills in the areas of signing, facial expressions, and receptive expressions as well as learn aspects of Deaf culture throughout the world as you completed ASL I level. It is important to note that all students must earn a proficient (high C or above) rating on all assessments to move on to the next sequential level (College ASL) with the recommendation of the teacher.

Prerequisites: Completion of ASL I Designation: College Prep Credits: 1 high school Contact: M-F, 60 minutes

Mandarin Chinese I

Description: Mandarin Chinese I is an introductory course to the Mandarin language and the culture of China. Students will study the basic sentence structure and vocabulary dealing with everyday situations that enable them to communicate effectively in Mandarin at a basic level. Students start developing all five modalities' skills: listening, speaking (pronunciation), reading, and writing in Mandarin Chinese.

Prerequisites: None Designation: College Prep Credits: 1 high school Contact: M-F, 60 minutes

Mandarin Chinese II

Description: Mandarin Chinese II is the continuing course to the Mandarin language and the culture of China. Students will study the basic sentence structure and vocabulary dealing with everyday situations that enable them to communicate effectively in Mandarin at a basic level. Students start developing all five modalities' skills: listening, speaking, reading, and writing.

Prerequisites: Mandarin Chinese I or demonstrating proficiency through a pre-assessment. Designation: College Prep Credits: 1 high school Contact: M-F, 60 minutes

Spanish I

Description: Develops students' interpretive, interpersonal, and presentational communicative abilities in the language. Integrates these skills in the cultural contexts in which the language is used. Offers a foundation in the analysis of culture.

Prerequisites: *None* Designation: College Prep Credits: 1 high school Contact: M-F, 60 minutes

Spanish II

Description: Spanish II covers introductory vocabulary and phrases related to hobbies and activities, school and home life, and food and culture. Special units will address additional concepts to fulfill CDE state standards, and also to address language-comprehension needs that correlate to specific classes and students.

Prerequisites: Spanish I Designation: College Prep Credits: 1 high school Contact: M-F, 60 minutes

Spanish III

Description: Expands students' interpretive, interpersonal, and presentational communicative abilities in the language across the disciplines. Applies advanced Spanish grammar through oral and written assessment. Integrates these skills with the study of the cultures in which the language is used, with an emphasis on effective conversational Spanish.

Prerequisites: *Spanish II* Designation: College Prep Credits: 1 high school Contact: M-F, 60 minutes

American Sign Language I (ASL 1121)

Description: Exposes the student to American Sign Language. Readiness activities are conducted focusing on visual/receptive skills and basic communication. Utilizes the direct experience method. Students must complete this course with a "B" or higher or pass the ASL proficiency test with a score of at least 80% or better prior to registering for ASL 1122 if planning to enroll in the Interpreter Preparation Program. Note: This course was previously listed as ASL 121.

Prerequisites: *None* Designation: Arapahoe Community College Credits: 5 college credits / 2 high school Contact: M-F, 60 minutes

American Sign Language II (ASL 1122)

Description: Develops a basic syntactic knowledge of American Sign Language (ASL), basic vocabulary and basic conversational skills. Incorporates vital aspects of deaf culture and community. The direct experience method is used to enhance the learning process. Students must complete this course with a "B" or higher or pass the ASL 1121 proficiency test with a score of 80% or better prior to acceptance into the Interpreting and Transliterating Preparation program. (NOT OFFERED AT ACC). Note: This course was previously listed as ASL 122.

Prerequisites: *ASL 1121* Designation: Arapahoe Community College Credits: 5 college credits / 2 high school

Spanish I (SPA 1011)

Description: Develops students' interpretive, interpersonal, and presentational communicative abilities in the language. Integrates these skills in the cultural contexts in which the language is used. Offers a foundation in the analysis of culture. **Note:** The order of the topics and methodology will vary according to individual texts and Instructors.

Prerequisites: Completion of high school Spanish II Designation: College Prep Credits: 5 college credits/ 2 high school Contact: M-F, 60 minutes

SOCIAL & BEHAVIORAL SCIENCE/HISTORY

H.S. American Government

Description: Basic processes in American politics. Principles and structure of national and local governments.

Prerequisites: None Designation: College Prep Credits: 1 high school Contact: M-F, 60 minutes

H.S. Introduction to Economics

Description: Students will be introduced to the basics of economic principles, and they will learn the importance of understanding different economic systems. They will also investigate how to think like an economist. Students will explore different economic systems, including the American Free Enterprise System, and they will analyze and interpret data to understand the laws of supply and demand. Students will also be presented with economic applications in today's world. From economics in the world of business, money, banking, and finance, students will see how economics is applied both domestically and globally. Students will also study how the government is involved in establishing economic stability in the American Free Enterprise System as well as the how the U.S. economy has a global impact.

Prerequisites: None Designation: College Prep Credits: 1 high school Contact: M-F, 60 minutes

H.S. Geography

Description: World Geography takes students on a journey around the world in which they will learn about the physical and human geography of various regions.

Prerequisites: *None* Designation: College Prep Credits: 0.5 high school Contact: M-F, 60 minutes

H.S. Psychology

Description: This course focuses on the study of human behavior. As an introduction to the field of psychology, this course includes consideration of psychological principles, terminology, major theories, careers, methods of experimentation, and practical applications.

Prerequisites: *None* Designation: College Prep Credits: 0.5 high school Contact: M-F, 60 minutes

H.S US History I

Description: United States history from founding of North American colonies to 1877 Reconstruction era.

Prerequisites: None Designation: College Prep Credits: 0.5 high school Contact: M-F, 60 minutes H.S. US History II Description: United States from 1877 Reconstruction era to contemporary era.

Prerequisites: *None* Designation: College Prep Credits: 0.5 high school Contact: M-F, 60 minutes

H.S. World History

Description: To explore the common themes that unite humanity across cultures through the study of historical people, places and events.

Prerequisites: *None* Designation: College Prep Credits: 0.5 high school Contact: M-F, 60 minutes

Principles of Microeconomics (ECO 2002 | GT-HI1)

Description: Focuses on the study of individual decision making, emphasizing households, business firms and industry analysis. Explores market models, including competition, monopoly, monopolistic competition, and oligopoly. Examines market failure and related efficiency criteria for government intervention. Explores public policy, including labor market issues, poverty, and the environment.

Prerequisites: None Designation: College Prep Credits: 3 college credits / 1 high school Contact: M/W, 90 minutes OR T/Th, 90 minutes (M/W/F, 60 minutes OR T/TH/F, 60 minutes)

Principles of Macroeconomics (ECO 2001 | GT-SS1)

Description: Focuses on the study of the national economy, emphasizing business cycles and long-run growth trends. Explores how macroeconomic performance is measured, including Gross Domestic Product and labor market indicators. Examines the saving-investment relationship and its relationship to Aggregate Supply and Aggregate Demand. Discusses money and banking, international trade, fiscal and monetary policy. Explores the macroeconomic role of the public sector.

Prerequisites: None
Designation: Arapahoe Community College
Credits: 3 college credits / 1 high school
Contact: M/W, 90 minutes OR T/Th, 90 minutes (M/W/F, 60 minutes OR T/TH/F, 60 minutes)

The World Antiquity – 1500 (HIS 1110 | GT-HI1)_

Description: Explores trends within events, peoples, groups, ideas, and institutions in World History from antiquity to 1500. This course focuses on developing, practicing, and strengthening skills historians use while constructing knowledge and studying a diverse set of narratives through perspectives such as gender, class, religion, and ethnicity. This course focuses on common cultural trends.

Prerequisites: College Readiness in English
Designation: Arapahoe Community College
Credits: 3 college / 1 high school
Contact: M/W, 90 minutes OR T/Th, 90 minutes (M/W/F, 60 minutes OR T/TH/F, 60 minutes)

The World: 1500 – Present (HIS 1120 | GT-HI1)_

Description: Explores trends within events, peoples, groups, ideas, and institutions in World History since 1500 as well as on common cultural trends. This course focuses on developing, practicing, and strengthening skills historians use while constructing knowledge and studying a diverse set of narratives through perspectives such as gender, class, religion, and ethnicity.

Prerequisites: College Readiness in English Designation: Arapahoe Community College Credits: 3 college / 1 high school Contact: M/W, 90 minutes OR T/Th, 90 minutes (M/W/F, 60 minutes OR T/TH/F, 60 minutes)

US History since the Civil War (HIS 1220 | GT-HI1)

Description: Explores trends within events, peoples, groups, ideas, and institutions since the American Civil War. This course focuses on developing, practicing, and strengthening skills historians use while constructing knowledge and studying a diverse set of narratives through perspectives such as gender, class, religion, and ethnicity.

Prerequisites: College Readiness in English
Designation: Arapahoe Community College
Credits: 3 college credits / 1 high school
Contact: M/W, 90 minutes OR T/Th, 90 minutes (M/W/F, 60 minutes OR T/TH/F, 60 minutes)

US History to Reconstruction (HIS 1210 | GT-HI1)

Description: Explores trends within events, peoples--including Native American--groups, ideas, and institutions in North America and the United States to Reconstruction. This class focuses on developing, practicing, and strengthening skills historians use while constructing knowledge and studying a diverse set of narratives through perspectives such gender, class, religion, and ethnicity.

Prerequisites: College Readiness in English
Designation: Arapahoe Community College
Credits: 3 college credits / 1 high school
Contact: M/W, 90 minutes OR T/Th, 90 minutes (M/W/F, 60 minutes OR T/TH/F, 60 minutes)

20th Century World History (HIS 2015 | GT-HI1)

Description: Investigates the major political, social, and economic developments, international relationships, scientific breakthroughs, and cultural trends that have shaped the various global regions, empires, and nation-states since the late nineteenth century. This course focuses on developing, practicing, and strengthening skills historians use while constructing knowledge and studying a diverse set of narratives through perspectives such as gender, class, religion, and ethnicity.

Prerequisites: College Readiness in English Designation: Arapahoe Community College Credits: 3 college credits / 1 high school Contact: M/W, 90 minutes OR T/Th, 90 minutes (M/W/F, 60 minutes OR T/TH/F, 60 minutes)

Introduction to Mass Media – JOU 1005 | GT-SS3

Description: Places the mass media in a technological, historical, and cultural perspective, considering the validity, integrity, and influence of the evolving media in a democracy. This course is a Statewide Guaranteed Transfer course in the GT-SS3 category

Prerequisites: *Prerequisites: Accuplacer WR 246* + / *Completion of ENG 1021* **Designation**: Arapahoe Community College

Credits: 3 college credits / 1 high school

Contact: M/W, 90 minutes OR T/Th, 90 minutes (M/W/F, 60 minutes OR T/TH/F, 60 minutes)

American State & Local Government (POS 1025 | GT-SS1)

Description: Emphasizes the structure and function of the state, county, and municipal governments including their relations with each other and with the national government. Includes a study of Colorado government and politics.

Prerequisites: College Readiness in English Designation: Arapahoe Community College Credits: 3 college credits / 1 high school Contact: M/W, 90 minutes OR T/Th, 90 minutes (M/W/F, 60 minutes OR T/TH/F, 60 minutes)

International Relations (POS 2005 | GT-SS1)

Description: Examines relationships among modern nation states. Topics include diplomacy, nationalism, ideologies, power and influence, conflict and cooperation, the role of non-state actors, the international economy and theoretical attempts to understand international behavior.

Prerequisites: College Readiness in English
Designation: Arapahoe Community College
Credits: 3 college credits / 1 high school
Contact: M/W, 90 minutes OR T/Th, 90 minutes (M/W/F, 60 minutes OR T/TH/F, 60 minutes)

General Psychology I (PSY 1001 | GT-SS3)

Description: Focuses on the scientific study of behavior including motivation, emotion, physiological psychology, stress and coping, research methods, consciousness, sensation, perception, learning, and memory.

Prerequisites: College Readiness in English

Designation: Arapahoe Community College

Credits: 3 college credits / 1 high school

Contact: M/W, 90 minutes OR T/Th, 90 minutes (M/W/F, 60 minutes OR T/TH/F, 60 minutes)

General Psychology II (PSY 1002 | GT-SS3)

Description: Focuses on the scientific study of behavior including cognition, language, intelligence, psychological assessment, personality, abnormal psychology, therapy, life span development, and social psychology.

Prerequisites: College Readiness in English Designation: Arapahoe Community College Credits: 3 college credits / 1 high school Contact: M/W, 90 minutes OR T/Th, 90 minutes (M/W/F, 60 minutes OR T/TH/F, 60 minutes)

Social Psychology (PSY 2221 GT-SS3)

Description: Focuses on the behavior of humans in social settings, including attitudes, aggression, conformity, cooperation and competition, prejudice, and interpersonal attraction.

Prerequisites: College Readiness in English
Designation: Arapahoe Community College
Credits: 3 college credits / 1 high school
Contact: M/W, 90 minutes OR T/Th, 90 minutes (M/W/F, 60 minutes OR T/TH/F, 60 minutes)

Human Growth and Development (PSY 2440 | GT-SS3)

Description: Examines human development from conception through death, emphasizing physical, cognitive, emotional, and psychosocial factors.

Prerequisites: College Readiness in English
Designation: Arapahoe Community College
Credits: 3 college credits / 1 high school
Contact: M/W, 90 minutes OR T/Th, 90 minutes (M/W/F, 60 minutes OR T/TH/F, 60 minutes)

Abnormal Psychology (PSY 2552 | GT-SS3)

Description: Examines abnormal behavior and its classification, causes, treatment, and prevention.
 Prerequisites: PSY 1001 or PSY 1002 with a grade of "C" or better
 Designation: Arapahoe Community College
 Credits: 3 college credits / 1 high school
 Contact: M/W, 90 minutes OR T/Th, 90 minutes (M/W/F, 60 minutes OR T/TH/F, 60 minutes)

Introduction to Sociology I (SOC 1001 |GT-SS3)

Description: Examines the basic concepts, theories, and principles of sociology as well as human culture, social groups, and the social issues of age, gender, class, and race.

Prerequisites: English 099 or English 090 (preferred) and college ready English Accuplacer scores (required)
Designation: Arapahoe Community College
Credits: 3 college credits / 1 high school
Contact: M/W, 90 minutes OR T/Th, 90 minutes (M/W/F, 60 minutes OR T/TH/F, 60 minutes)

Sociology and Family Dynamics (SOC 2005 | GT-SS3)

Description: Develops an understanding of marriage, family, and kinship. It examines the family as an institution and how social, cultural, and personal factors influence family relations. The stability and diversity of the family will be explored, along with current trends and some alternative lifestyles. Note: This course was previously listed as SOC 205.

Prerequisites: PSY 1001 or PSY 1002 with a grade of "C" or better; English 099 or English 090 (preferred) and college ready English Accuplacer scores (required) Designation: Arapahoe Community College Credits: 3 college credits / 1 high school Contact: M/W, 90 minutes OR T/Th, 90 minutes (M/W/F, 60 minutes OR T/TH/F, 60 minutes)

ARTS & HUMANITIES

Introduction to Literature (LIT 1015 | GT-AH2)

Description: Introduces fiction, poetry, and drama. This course emphasizes active and responsive reading.
 Prerequisites: College Readiness in English
 Designation: Arapahoe Community College
 Credits: 3 college credits / 1 high school
 Contact: M/W, 90 minutes OR T/Th, 90 minutes (M/W/F, 60 minutes OR T/TH/F, 60 minutes)

World Literature to 1600 (LIT 2001 | GT-AH2)

Description: Examines significant writings in world literature from the ancients to the seventeenth century. It emphasizes active reading and understanding of the works and their cultural backgrounds.

Prerequisites: College Readiness in English
Designation: Arapahoe Community College
Credits: 3 college credits / 1 high school
Contact: M/W, 90 minutes OR T/Th, 90 minutes (M/W/F, 60 minutes OR T/TH/F, 60 minutes)

World Literature After 1600 (LIT 2002 | GT-AH2)

Description: Examines significant writings in world literature from the seventeenth century to the present. It emphasizes active reading and understanding of the works and their cultural backgrounds.

Prerequisites: *College Readiness in English*

Designation: Arapahoe Community College **Credits:** 3 college credits / 1 high school **Contact:** M/W, 90 minutes OR T/Th, 90 minutes (M/W/F, 60 minutes OR T/TH/F, 60 minutes)

Ethnic Literature (LIT 2005 | GT-AH2)

Description: Focuses on significant texts by ethnic Americans, including African Americans, Native Americans, Latino/a, and Asian Americans. Emphasizes careful reading and understanding of the cultural and literary elements of the works.

Prerequisites: English 099 or English 090 (preferred) and college ready English ACCUPLACER scores (required)
Designation: Arapahoe Community College
Credits: 3 college credits / 1 high school
Contact: M/W, 90 minutes OR T/Th, 90 minutes (M/W/F, 60 minutes OR T/TH/F, 60 minutes)

American Literature to the Civil War (LIT 2011 | GT-AH2)

Description: Examines American literary works from pre-European arrival on the continent up to the Civil War, including works from diverse people that contributed to American literature. This course also explores historical and social contexts within various genres.

Prerequisites: College Readiness in English Designation: Arapahoe Community College Credits: 3 college credits / 1 high school Contact: M/W, 90 minutes OR T/Th, 90 minutes (M/W/F, 60 minutes OR T/TH/F, 60 minutes)

American Literature after the Civil War (LIT 2012 | GT-AH2)

Description: Examines American literary works from 1865 to the present, distinguishing among literary themes, genres, and schools of thought that illustrate historical and social contexts across a multicultural spectrum.

Prerequisites: College Readiness in English
Designation: Arapahoe Community College
Credits: 3 college credits / 1 high school
Contact: M/W, 90 minutes OR T/Th, 90 minutes (M/W/F, 60 minutes OR T/TH/F, 60 minutes)

Introduction to Shakespeare (LIT 2025 | GT-AH2)

Description: Explores works by William Shakespeare, focusing on a careful reading of these works as well as an exploration of pertinent contextual and historical information.

Prerequisites: College Readiness in English
Designation: Arapahoe Community College
Credits: 3 college credits / 1 high school
Contact: M/W, 90 minutes OR T/Th, 90 minutes (M/W/F, 60 minutes OR T/TH/F, 60 minutes)

Introduction to Film Art (HUM 1003 | GT-AH2)

Description: Studies the relationships among film's stylistic systems, narrative systems, and audience reception. Students view, discuss, and critically analyze a variety of films which represent a variety of genres and themes. The course incorporates the vocabulary of stylistic systems (for instance, cinematography and editing) and narrative systems (for instance, story structure and character motivation) as both relate to the kinds of meanings a film conveys.

Prerequisites: English 099 or English 090 (preferred) and college ready English ACCUPLACER scores (required)
Designation: Arapahoe Community College
Credits: 3 college credits / 1 high school
Contact: M/W, 90 minutes OR T/Th, 90 minutes (M/W/F, 60 minutes OR T/TH/F, 60 minutes)

World Mythology (HUM 1015 | GT-AH2)

Description: Introduces students to a multidisciplinary approach to world mythology. Common themes are illustrated and connected to religion, philosophy, art, literature, music, and contemporary culture. In addition, students will study various ways of interpreting myth. This course is one of the Statewide Guaranteed Transfer courses.

Prerequisites: English 099 or English 090 (preferred) and college ready English ACCUPLACER scores (required)
Designation: Arapahoe Community College
Credits: 3 college credits / 1 high school
Contact: M/W, 90 minutes OR T/Th, 90 minutes (M/W/F, 60 minutes OR T/TH/F, 60 minutes)

Music Appreciation (MUS 1020 | GT-AH1)

Description: Introduces the study of music focusing on intelligent listening skills, the elements of music and their relationships, the musical characteristics of representative works and composers, common musical forms, and genres of various Western, and non-Western historical style periods.

Prerequisites: None
Designation: Arapahoe Community College
Credits: 3 college credits / 1 high school
Contact: M/W, 90 minutes OR T/Th, 90 minutes (M/W/F, 60 minutes OR T/TH/F, 60 minutes)

Music History Early Romantic Period to the Present (MUS 1022 |GT - AH1)

Description:_Provides an historical survey of Western art music connecting the classical period to the Romantic period and following to the present. This course includes the study of styles, genres, composers, works, and significant cultural and historical influences upon the repertoire. This is a statewide Guaranteed Transfer course in the GT-AH1 category.

Prerequisites: Accuplacer WR 246 + / Completion of ENG 1021
Designation: Arapahoe Community College
Credits: 3 college credits / 1 high school
Contact: M/W, 90 minutes OR T/Th, 90 minutes (M/W/F, 60 minutes OR T/TH/F, 60 minutes)

Survey of World (MUS 1023 | GT-AH1)

Description: Provides an overview of music from around the globe including folk, ethnic, non-Western, and popular styles. Develops basic listening skills and builds a historical/cultural context for world music styles to enable an understanding and appreciation of global music

Prerequisites: None
Designation: Arapahoe Community College
Credits: 3 college credits / 1 high school
Contact: M/W, 90 minutes OR T/Th, 90 minutes (M/W/F, 60 minutes OR T/TH/F, 60 minutes)

History of Jazz (MUS 1025 | GT-AH1)

Description: Provides an overview of jazz history covering the basic materials of music and the forms, media, genres, and the historical and cultural framework of each style period. This course emphasizes the building of critical listening tools and the development of a jazz music vocabulary.

Prerequisites: None
Designation: Arapahoe Community College
Credits: 3 college credits / 1 high school
Contact: M/W, 90 minutes OR T/Th, 90 minutes (M/W/F, 60 minutes OR T/TH/F, 60 minutes)

Music Class I (MUS 1031 | Not GT)

Description: Provides group instruction in music, continuing to develop basic techniques, repertoire, and sight-reading.

Prerequisites: None Designation: Arapahoe Community College Credits: 2 college credits / 1 high school Contact: M/W, 90 minutes OR T/Th, 90 minutes (M/W/F, 60 minutes OR T/TH/F, 60 minutes)

Ensemble I (MUS 1051)

Description: Rehearses and performs various types of musical literature.

Prerequisites: None
Designation: Arapahoe Community College
Credits: 1 college credit / 0.5 high school
Contact: M/W, 90 minutes OR T/Th, 90 minutes (M/W/F, 60 minutes OR T/TH/F, 60 minutes)

Computer Music Applications I (MUS 1061)

Description: Introduces audio signal flow, Digital Audio Workstation (DAW), current computer music software, digital audio practices, Musical Instrument Digital Interface (MIDI) sequencing, and audio for video.

Prerequisites: *None* **Designation:** Arapahoe Community College

Credits: 3 college credits / 1 high school **Contact:** M/W, 90 minutes OR T/Th, 90 minutes (M/W/F, 60 minutes OR T/TH/F, 60 minutes)

Introduction to Philosophy (PHI 1011 | GT-AH3)

Description: Introduces significant human questions and emphasizes understanding the meaning and methods of philosophy. Includes human condition, knowledge, freedom, history, ethics, the future, and religion.

Prerequisites: None
Designation: Arapahoe Community College
Credits: 3 college credits / 1 high school
Contact: M/W, 90 minutes OR T/Th, 90 minutes (M/W/F, 60 minutes OR T/TH/F, 60 minutes)

Ethics (PHI 1012 | GT-AH3)

Description: Examines human life, experience, and thought to discover and develop the principles and values for pursuing a more fulfilled existence. This course examines ethical theories designed to both justify moral judgements, as well as apply these ethical theories to a selection of personal and social issues in the world today. This is a statewide Guaranteed Transfer course in the GT-AH3 category.

Prerequisites: None
Designation: Arapahoe Community College
Credits: 3 college credits / 1 high school
Contact: M/W, 90 minutes OR T/Th, 90 minutes (M/W/F, 60 minutes OR T/TH/F, 60 minutes)

Comparative Religions (PHI 1014 | GT-AH3)

Description: Introduces students to the similarities and differences among concepts predominant in the major world religions, comparing sociological, philosophical, and phenomenological similarities between major world faiths.

Prerequisites: Accuplacer WR 246 + / Completion of ENG 1021
Designation: Arapahoe Community College
Credits: 3 college credits / 1 high school
Contact: M/W, 90 minutes OR T/Th, 90 minutes (M/W/F, 60 minutes OR T/TH/F, 60 minutes)

Theatre Appreciation (THE 1005 | GT-AH1)

Description: Provides an opportunity to discover, analyze, and evaluate all aspects of the theatre experience: scripts, acting, directing, staging, history, criticism, and theory. This is a statewide Guaranteed Transfer course in the GT-AH1 category.

Prerequisites: CCR 092 (or higher) or equivalent
Designation: Arapahoe Community College
Credits: 3 college credits / 1 high school
Contact: M/W, 90 minutes OR T/Th, 90 minutes (M/W/F, 60 minutes OR T/TH/F, 60 minutes)

ELECTIVES

H.S. A+ Certification

Description: Provides students with an in-depth look at personal computer hardware, introduces O.S. features and security concepts, and covers interpersonal skills, all of which are necessary for a successful entry-level computer service technician position. Provides extensive hands-on work with computer systems, PC setup and configuration, and basic maintenance and troubleshooting. This course helps prepare you for the CompTIA A+ Essentials Exam.

Prerequisites: Foundations of Computer Science is recommended Designation: College Prep Credits: 0.5 high school Contact: M-F, 60 minutes

Δ H.S. Adobe Certified Professional (Photoshop, Illustrator, Design) 2 of 3:

Description: Adobe Certified Professional is an industry-recognized credential that effectively validates one's skills in Adobe Creative Cloud applications. Adobe Creative Cloud expertise is in demand and validating students' skillsets offer credibility and a competitive edge. Impress employers, clients, and collaborators with proof of the must-have skills for on-the-job success. Enhance creativity and productivity by learning to use Adobe software to its full potential. Gain fluency, refine workflows and focus on what matters most. Start your career in graphic design! Adobe Creative Cloud expertise is in demand. Impress employers, clients, and collaborators with proof of the must-have skills for on-the-job success. Become an Adobe Certified Professional to show you're ready to bring ideas to life using the world's most powerful creative desktop apps.

Prerequisites: *None* Designation: College Prep Credits: 0.5 high school Contact: M-F, 60 minutes

H.S. Art Design

Description: This is an introductory level course designed to teach the elements of art and the principles of design: line, value, space, texture, color, shape, unity, balance, harmony, emphasis, contrast, movement, and pattern/ repetition. Students will work with and in a variety of mediums. Students will also participate in peer critiques both written and oral.

Prerequisites: *None* Designation: College Prep Credits: 0.5 Contact: M-F, 60 minutes

H.S. Art Painting/Drawing

Description: Emphasis on drawing and painting with advance life drawing components. Utilize art tools, materials, and techniques toward quality art production development of personal and creative style. Concepts and composition, historical, cultural, and critical aspects are emphasized.

Prerequisites: *None* Designation: College Prep Credits: 0.5 high school Contact: M-F, 60 minutes

H.S. Autodesk Certified User

Description: Learn MOS & AutoCAD (computer-aided design) software. You'll develop skills such as creating or plotting drawings, editing objects, working with layouts, etc., preparing you for careers in design, drafting and modeling.

Prerequisites: *None* Designation: College Prep Credits: 0.5 high school Contact: M-F, 60 minutes

H.S. Basic Yoga

Description: This class will introduce foundational yoga postures, mindfulness, and breath work. We will observe the physical, mental, and emotional effects of postures, meditations, and breath practices. This is an inclusive environment for all students to make a conscious shift to the present, cultivating energy and mindfulness through the connection of breath and movement.

Prerequisites: *None* Designation: College Prep Credits: 0.25 high school Contact: M-F, 60 minutes

H.S. Choir

Description: Choir is a performance-based singing class that develops sight-reading, pitch memory, basic music notation, proper tone quality, breath management and group performance techniques. Any student can join choir. You do not have to have prior experience. Participation in four concerts plus other special programs is required. This course may be repeated for additional credits. Students can choose to be in both choirs and receive credit for each.

Prerequisites: *None* Designation: College Prep Credits: 0.25 Contact: M-F, 30 minutes

H.S. Computer Science Foundation (IT Fundamentals Certification)

Description: Computer Science Foundations (CSF) is a course intended to provide students with exposure to various information technology occupations and pathways such as Networking Systems, Coding, Web Design, and Cybersecurity. Upon completion of this course, proficient students will be able to describe various information technology (IT) occupations and professional organizations. Moreover, they will be able to demonstrate logical thought processes and discuss the social, legal, and ethical issues encountered in the IT profession. Depending on the focus area, proficient students will also demonstrate an understanding of electronics and basic digital theory; project management and teamwork; client relations; causes and prevention of Internet security breaches; and writing styles appropriate for web publication. Upon completion of the CSF course, students will be prepared to make an informed decision about which Information Technology program of study to pursue. This course will prepare students to take the CompTIA IT <u>Fundamentals+</u> certification exam.

Prerequisites: *None* Designation: College Prep Credits: 0.5 high school Contact: M-F, 60 minutes

Δ H.S. Digital Media (Adobe Photoshop Certification)

Description: This course is designed to educate students on the ever-changing digital world, as well as to provide hands-on experience with industry standard software and equipment. The curriculum covers a wide range of areas, so it appeals to a diverse group of students. Topics covered in Digital Media classes include graphic design, animation, audio production, video production, and web design.

Prerequisites: *None* Designation: College Prep Credits: 0.5 high school Contact: M-F, 60 minutes

H.S. Drones (107 License for Commercial Drone Flight Certification)

Description: This course introduces students to rules and regulations required for them to pass the UAS Remote Pilot Certification. Students will have hands-on experience piloting a drone. Students that successfully complete this course will have the information necessary for them to pass the FAA's "Part 107" airman knowledge test. The FAA Part 107 is a set of rules for operating a drone commercially. Topics include but are not limited to: Certification Pathway, Drone Theory and Aeronautics, Regulations and Operating Rules, Airspace Classification, Weather, sUAS Loading and Performance, Crew Management, Radio Communications, Airport Operations, and Maintenance and Inspection Procedures. Students must be 16 to take the Part 107 exam but do not need to be 16 to take the course.

Prerequisites: *None* Designation: College Prep Credits: 0.5 high school Contact: M-F, 60 minutes

H.S. Engineering Design 3D Printing

Description: Applied Engineering Design is a course for students interested in further developing their 3D design skills as future engineers. By the end of the courses, they will have an in-depth knowledge of 3D Printing and be able to work independently to design and 3D Print their own models. The students will become proficient in the 3D printing process itself. This course covers knowledge, skills, and concepts required for engineering and technology fields of study.

Upon completion of this course, proficient students are able to explain the differences between scientists and engineers, understand the importance of ethical practices in engineering and technology, identify components of control systems, create simple free body diagrams, use measurement devices employed in engineering, conduct basic engineering economic analysis, follow the steps in the engineering design process to complete a team project, and effectively communicate design solutions to others.

Prerequisites: *None* Designation: College Prep Credits: 0.5 High School Contact: M-F, 60 minutes

H.S. Gifted & Talented

Description: The enrichment class is a course delivered through our Exceptional Student Services Unit for students who have been identified as gifted and talented. The student is currently on an ALP and may want supplementary time to take a more expansive or in-depth look at a concept or topic, perhaps by further research, approaching it with a different lens or perspective, or connecting the subject to a more meaningful or rewarding facet of the real world. This course is available for students who would benefit from time in their educational day to accomplish their goals, and/or support for their unique social-emotional needs. This class may be taken more than once for a .5 elective credit.

Prerequisites: *Gifted Designation* Designation: College Prep Credits: 0.25 high school Contact: M-F, 60 minutes

H.S. Healthy Habits

Description:

Prerequisites: None Designation: College Prep Credits: .5 high school Contact: M-F, 60 minutes

H.S. Introduction to Medical Sciences

Description: This course is designed to give students interested in health careers the opportunity to explore the basic concepts surrounding professions related to this field. Instruction includes an introduction to: anatomy and physiology, medical terminology, medical ethics, communications, and application of professional practices to both hospital and pre-hospital environments.

Prerequisites: *None* Designation: College Prep Credits: .5 high school Contact: M-F, 60 minutes

H.S. IT Fundamentals/Comp TIA Certification

Description: This certification confirms the skills needed for entry-level IT jobs. CompTIA A+ candidates are better prepared to troubleshoot, and problem solve a wider variety of issues, ranging from networking and operating systems to mobile devices and security.

Prerequisites: *None* Designation: College Prep Credits: 0.5 high school Contact: M-F, 60 minutes

Δ H.S Microsoft Office Certification (Word, Outlook, PowerPoint & Excel) 3 of 4

Description: This program guarantees that every certified user has demonstrated the ability to command the full features and functionality of Microsoft Office, preparing them for future academic or workforce opportunities. Students will pass an exam for each program in the Office suite to earn a Microsoft Office Specialist certification. Being certified as a Microsoft Office Specialist demonstrates they have the skills needed to get the most out of Office.

Prerequisites: *None* Designation: College Prep Credits: 0.5 high school Contact: M-F, 60 minutes

H.S. Music Ensemble

Description: Music Performance class allows for students to have a space for practice and performance in solo or ensemble settings. All musical genres are welcome (including voice!). Prior knowledge of musical training, and ownership of personal instruments are required. Students will perform in formal concerts and recitals.

Prerequisites: None

Designation: College Prep **Credits:** 0.25 high school **Contact:** M-F, 30 minutes

H.S. New Media

Description: This class will focus on teaching students hands-on skills that will carry them into the future of media and communications. Course topics include photo manipulation, video editing, audio engineering, creating, and maintaining content, and creating channels. There will be a focus on streaming media around technologies such as YouTube, Facebook Live, Twitch, Podcasting and will include sections on digital citizenship, influencer culture and monetizing content.

Prerequisites: *None* Designation: College Prep Credits: 0.5 high school Contact: M-F, 60 minutes

H.S. Photography

Description: Introduces black and white photography as a fine art medium and develops skills necessary for basic camera and lab operations.

Prerequisites: *None* Designation: College Prep Credits: 0.5 high school Contact: M-F, 60 minutes

H.S. Photojournalism

Description: Develops photojournalistic skills in capturing moments of real life from a unique personal viewpoint. Covers a broad overview of new media story-telling techniques. Students will focus on the way they observe the world around them and, on the content, and quality of their photographs.

Prerequisites: None Designation: College Prep Credits: 0.5 high school Contact: M-F, 60 minutes

H.S. Physical Education

Description: Focuses on building movement and physical education of the student. A variety of physical education will be covered.

Prerequisites: *None* Designation: College Prep Credits: 0.25 high school Contact: M-F, 60 minutes

H.S. Programming

Description: The CECCR Programming course will introduce students to computer science concepts such as computer architecture, networks, and the Internet. Students will use object-oriented programming to produce finished software programs. They will learn the design process that will allow them to create many programs by determining specifications, designing the software, and testing and improving the product until it meets the specifications. By the end of this course, students will have a solid foundation for further study in computer science. Secondly, it will introduce 3D Printing also called Additive Manufacturing because it involves a 15

3/22/2021 process of depositing material in layers to produce a three-dimensional object. This is done through a computerized process which takes a digital file, commonly in STL format, and creates it in material form. Designs can come from preexisting models, or you can create your own design, which will be an extensive part of this process.

Prerequisites: *None* Designation: College Prep Credits: 0.5 high school Contact: M-F, 60 minutes

H.S. Resource Lab

Description: The resource class is a course delivered through our exceptional student services unit for students who have been identified as a student with a disability. The student is currently on an IEP and may need specialized supplementary instruction in an individual or small group setting for part of the day. This course is available for students who would benefit from time in their educational day to accomplish their goals, and support for working on executive functioning. Students will also have an opportunity to take an active part in their education plan through knowledge of strengths and needs and by learning to advocate for themselves. Students will have the opportunity to explore post-secondary goals related to education and career.

Prerequisites: None Designation: College Prep Elective Credits: 0.5 high school Contact: M-F, 60 minutes (based on student service minutes)

H.S. Robotics I (Python Certification)

Description: This course introduces students to the field of robotics. Using VEX EXP Robotics kits this course covers topics necessary to understand the fundamentals of robotics. Working in teams, students will build, program, design, and learn to document their progress. Students who successfully complete this course will understand robot movement, fundamentals of programming, SCRUM methodology, fundamentals of engineering as related to robotics, keeping an engineering notebook, and focus on teamwork and collaboration.

Prerequisites: None Designation: College Prep Credits: 0.5 high school Contact: M-F, 60 minutes

H.S. Robotics II (C++ Certification)

Description: Robotics will allow students to develop skills in the robotics field by studying programming, electronics, pneumatics, hydraulics, and mechanical systems. Robotics applications and career exploration in the robotics industry are incorporated in this course. Students will apply Physical Science, Mathematics, and Technology while getting hands-on experience designing, constructing, and testing robots. This course will be of interest to students planning careers in automated manufacturing and engineering. Students will have the opportunity to compete in several Saturday competitions throughout the semester with teams from around the state. These competitions are not required as part of the class and participation does not affect grades. Prerequisites: Robotics and Automated Systems or previous Robotics experience

Designation: College Prep Prerequisites: Completion of Robotics I Credits: 0.5 high school Contact: M-F, 60 minutes

H.S. Social & Emotional Well Being

Description: This course introduces key therapeutic tools and techniques that promote the mental health and wellbeing of the individual. It focuses on building life skills, such as self-awareness and self-regulation while also aiming to reduce stress, anxiety, and the effects of trauma. The course particularly emphasizes skills building in three main areas: emotional regulation, resiliency, and relationship-building.

Designation: College Prep Prerequisites: *None* Credits: 0.25 high school Contact: M-Th, 30 minutes

H.S. Theater

Description: This course introduces students to the theatrical arts. We emphasize creativity, collaboration, and perseverance. Areas covered in depth include theatre vocabulary, roles in the theatre, movement, acting, the reading of plays, theatre design and tech, and viewing theatre performances. Students will be involved every day in some performance-based activity. There is an emphasis on memorization, working as a team, and classroom attendance. Students will be creating projects throughout the term in groups/ teams just as they would encounter in the professional theatre world.

Prerequisites: *None* Designation: College Prep Credits: 0.5 high school Contact: M-F, 60 minutes

H.S. Yearbook

Description: This course helps produce The CEC Inverness High School yearbook. In this course, students will gain skills in the following areas: page design, publishing techniques, copy writing, editing, photography, record keeping, time management, teamwork, marketing, and leadership skills. Students are tasked with producing a timeless, creative, and innovative publication which will record our school's community, memories, and events. This course is a yearlong course with Yearbook II being offered in the Spring semester, students must enroll in both semesters.

Prerequisites: *None* Designation: College Prep Credits: 0.5 high school Contact: M-F, 60 minutes

Art Appreciation (ART 1110 | GT-AH1)

Description: Introduces the cultural significance of the visual arts, including media, processes, techniques, traditions, and terminology.

Prerequisites: None
Designation: Arapahoe Community College
Credits: 3 college credits / 1 high school
Contact: M/W, 90 minutes OR T/Th, 90 minutes (M/W/F, 60 minutes OR T/TH/F, 60 minutes)

Drawing I (ART 1201)

Description: Investigates the various approaches and media that students need to develop drawing skills and visual perception.

Prerequisites: None

Designation: Arapahoe Community College **Credits:** 3 college credits / 1 high school **Contact:** M/W, 90 minutes OR T/Th, 90 minutes (M/W/F, 60 minutes OR T/TH/F, 60 minutes)

Painting I (ART 1301)

Description: Explores basic techniques, materials, and concepts used in opaque painting processes in oil or acrylic painting to depict form and space on a two-dimensional surface.

Prerequisites: None
Designation: Arapahoe Community College
Credits: 3 college credits / 1 high school
Contact: M/W, 90 minutes OR T/Th, 90 minutes (M/W/F, 60 minutes OR T/TH/F, 60 minutes)

Jewelry and Metalwork I (ART 1604)

Description: Introduces the construction of jewelry designs in metals and small casting techniques.
 Prerequisites: Completion of ART 1201 Drawing I, ART 1301 Painting I, ART 1003 Visual Concepts 3-D Design
 Designation: Arapahoe Community College
 Credits: 3 college credits / 1 high school
 Contact: M/W, 90 minutes OR T/Th, 90 minutes (M/W/F, 60 minutes OR T/TH/F, 60 minutes)

Introduction to Business (BUS 1015 | Not GT | ESB Certification)

Description: Introduces the application of fundamental business principles to local, national, and international forums. This course examines the relationship of economic systems, governance, regulations, and law upon business operations. It surveys the concepts of career development, business ownership, finance and accounting, economics, marketing, management, operations, human resources, regulations, and business ethics.

Certificates Available: <u>Entrepreneurship and Small Business Management</u> Whether you are starting a bakery or launching the next billion-dollar startup, a certification in Entrepreneurship and Small Business validates a students' understanding of core business principles, including the essentials needed to launch and maintain a successful business. Job Outlook for Business Professionals

Prerequisites: English 099 or English 090 (preferred)
Designation: Arapahoe Community College
Credits: 3 college credits / 1 high school
Contact: M/W, 90 minutes OR T/Th, 90 minutes (M/W/F, 60 minutes OR T/TH/F, 60 minutes)

Business Communication and Report Writing (BUS 2017 | Not GT)

Description: Emphasizes effective business writing and covers letters, memoranda, reports, application letters, and resumes. Includes the fundamentals of business communication and an introduction to international communication.

Prerequisites: English 099 or English 090 (preferred)
Designation: Arapahoe Community College
Credits: 3 college credits / 1 high school
Contact: M/W, 90 minutes OR T/Th, 90 minutes (M/W/F, 60 minutes OR T/TH/F, 60 minutes)

Business Statistics (BUS 2026)

Description: Focuses on statistical study, sampling, organizing and visualizing data, descriptive statistics, probability, bi-nominal distributions, normal distributions, confidence intervals, linear regression, and correlation. Intended for business majors.

Prerequisites: None Designation: Arapahoe Community College Credits: 3 college credits / 1 high school Contact: M/W, 90 minutes OR T/Th, 90 minutes (M/W/F, 60 minutes OR T/TH/F, 60 minutes)

Human Nutrition (HWE 1050 | Not GT)

Description: Introduces basic principles of nutrition with emphasis on personal nutrition. This course focuses on macro and micronutrients and their effects on the functions of the human body. Special emphasis is placed on the application of wellness, disease, and lifespan as it pertains to nutrition.

Prerequisites: None
Designation: Arapahoe Community College
Credits: 3 college credits / 1 high school
Contact: M/W, 90 minutes OR T/Th, 90 minutes (M/W/F, 60 minutes OR T/TH/F, 60 minutes)