

CEC JANUARY MENU

2026

Chef Mikey Presents

My Kid's Lunch

A division of Michael's of Denver Catering
303-778-0916



Monday	Tuesday	Wednesday	Thursday	Friday
			1 New Year's Day	2 No School
No School 5	No School 6	Breakfast Bar A 100% Juice Fruit Seasoned Beef Chili Shredded Cheddar Homemade Cornbread Baked French Fries Fresh Banana	7 Cinnamon Roll Dried Fruit Fresh Banana Chicken Potstickers Soy Sauce Carrot Bites Ranch Dip Fresh Apple	8 Apple Cinnamon Bread 100% Juice Fruit Cup Sun Butter & Jelly Sandwich Celery Sticks Ranch Dip Seasonal Fruit
Breakfast Bar B 100% Juice Fresh Apple 12 Chicken Fajitas Onions, Peppers Tortillas, Salsa Black Beans Blue Raspberry Sidekick	Maple Waffle Dried Apples Fresh Orange 13 Chicken Nuggets Buttermilk Biscuit BBQ Sauce Baby Carrots, Ranch Dip Green Apple	Vanilla Yogurt Honey Granola 100% Juice Sliced Peaches Beef Meat Sauce Rotini Pasta Broccoli, Ranch Dip Sliced Peaches	14 Banana Chocolate Chip Oatmeal Round Dried Fruit Fresh Banana Breakfast Burrito Scrambled Eggs Cheddar Cheese, Salsa Hash Browns Orange Quarters	15 Pumpkin Bread String Cheese 100% Juice Applesauce Cup Cheese Stuffed Breadsticks Marinara Dipping Sauce Coleslaw Seasonal Fruit
MLK Day 19	Strawberry Cinnaboli 100% Juice Fresh Apple 20 Meatballs in Marinara Garlic Knot Romaine Salad Ranch Dressing Cinnamon Apples	Lemon Poppyseed Bread String Cheese 100% Juice Fruit Cup Orange Chicken Brown Rice Carrot Bites, Ranch Dip Fresh Banana	21 Breakfast Bar A Dried Fruit Fresh Banana Beef Sloppy Joe Wheat Bun Steamed Corn Orange Quarters	22 Banana Bread Vanilla Yogurt 100% Juice Applesauce Cup Chef Salad Ham, Turkey, Cheddar Cheese Romaine Lettuce Cucumber, Tomato Ranch Dressing Cornbread

					Seasonal Fruit
26 <i>Breakfast Bar A</i> <i>100% Juice</i> <i>Fresh Green Apple</i> <i>Mini Turkey Corn Dogs</i> <i>Ketchup</i> <i>Baked Beans</i> <i>Cinnamon Apples</i>	27 <i>Cheerios Bowl</i> <i>String Cheese</i> <i>Dried Apples</i> <i>Fresh Orange</i> <i>Chicken Tikka Masala</i> <i>Brown Rice</i> <i>Steamed Broccoli</i> <i>Strawberry Mango</i> <i>Sidekick</i>	28 <i>Mini Bagels</i> <i>w/Strawberry Cream</i> <i>Cheese</i> <i>100% Juice</i> <i>Applesauce Cup</i> <i>Cheese Calzone</i> <i>Marinara Dipping</i> <i>Sauce</i> <i>Steamed Peas</i> <i>Sliced Peaches</i>	29 <i>Cinnamon Roll</i> <i>Dried Fruit</i> <i>Fresh Banana</i> <i>Chicken Nuggets &</i> <i>Waffles</i> <i>Syrup</i> <i>Carrot Bites, Ranch Dip</i> <i>Orange Quarters</i>	30 <i>Apple Cinnamon Bread</i> <i>100% Juice</i> <i>Fruit Cup</i> <i>Grilled Cheese</i> <i>Tomato Soup</i> <i>Seasonal Fruit</i>	

****This institution is an equal opportunity provider.***

*****All meals are served with a choice of 1% or skim white milk. Chocolate milk is offered on Fridays.***

******This menu is subject to change based on item availability***

*******Shelf stable meal kits available upon request.***

Our menu items may contain milk, eggs, wheat, soy, sesame, fish or shellfish.