

# CEC AUGUST MENU

# 2024

## Chef Mikey Presents

My Kid's Lunch  
 A division of Michael's of Denver Catering  
 303-778-0916



Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
5	6	7	8	9
			Breakfast Bar A Dried Fruit Fresh Banana  <b>Macaroni &amp; Cheese</b> <b>BBQ Chicken</b> <b>Broccoli, Ranch Dip</b> <b>Fresh Green Apple</b>	Banana Bread Vanilla Yogurt 100% Juice Applesauce Cup  <b>Mini Cheese Pizzabolis</b> <b>Marinara Dipping Sauce</b> <b>Cucumber Salad</b> <b>Seasonal Fruit</b>
12	13	14	15	16
Breakfast Bar A 100% Juice Fresh Green Apple  <b>Chicken Potstickers</b> <b>Soy Sauce</b> <b>Carrot Bites</b> <b>Ranch Dip</b> <b>Sliced Peaches</b>	Cheerios Bowl String Cheese Dried Apples Fresh Orange  <b>Seasoned Beef Chili</b> <b>Shredded Cheddar</b> <b>Homemade Cornbread</b> <b>Baked French Fries</b> <b>Pineapple</b>	Mini Bagels w/Strawberry Cream Cheese 100% Juice Applesauce Cup  <b>Red Chicken Tamales</b> <b>Cheddar Cheese, Salsa</b> <b>Refried Beans</b> <b>Fresh Banana</b>	Cinnamon Roll Dried Fruit Fresh Banana  <b>Chicken Parm</b> <b>Sandwich</b> <b>Marinara, Mozzarella</b> <b>Wheat Bun</b> <b>Romaine Salad</b> <b>Ranch Dressing</b> <b>Fresh Apple</b>	Apple Cinnamon Bread 100% Juice Fruit Cup  <b>Sun Butter &amp; Jelly</b> <b>Sandwich</b> <b>Celery Sticks</b> <b>Ranch Dip</b> <b>Seasonal Fruit</b>
19	20	21	22	23
Breakfast Bar B 100% Juice Fresh Apple  <b>Breakfast Burrito</b> <b>Scrambled Eggs</b> <b>Cheddar Cheese, Salsa</b> <b>Hash Browns</b>	Maple Waffle Dried Apples Fresh Orange  <b>Chicken Nuggets</b> <b>Buttermilk Biscuit</b> <b>BBQ Sauce</b> <b>Baby Carrots, Ranch Dip</b>	Vanilla Yogurt Honey Granola 100% Juice Sliced Peaches  <b>Beef Meat Sauce</b> <b>Rotini Pasta</b> <b>Broccoli, Ranch Dip</b> <b>Sliced Peaches</b>	Banana Chocolate Chip Oatmeal Round Dried Fruit Fresh Banana  <b>Chicken Fajitas</b> <b>Onions, Peppers</b> <b>Tortillas, Salsa</b> <b>Black Beans</b>	Pumpkin Bread String Cheese 100% Juice Applesauce Cup  <b>Cheese Stuffed</b> <b>Breadsticks</b> <b>Marinara Dipping Sauce</b> <b>Coleslaw</b>

<b>Blue Raspberry Sidekick</b>	<b>Green Apple</b>		<b>Orange Quarters</b>	<b>Seasonal Fruit</b>
<p style="text-align: right;">26</p> <p><i>Strawberry Cinnaboli</i> 100% Juice Fresh Apple</p> <p><b>Turkey Hot Dog</b> <b>Wheat Bun, Ketchup</b> <b>Baked Beans</b> <b>Pineapple</b></p>	<p style="text-align: right;">27</p> <p><i>Cocoa Puffs Bowl</i> <i>Dried Apples</i> <i>Fresh Orange</i></p> <p><b>Orange Chicken</b> <b>Brown Rice</b> <b>Carrot Bites, Ranch Dip</b> <b>Cinnamon Apples</b></p>	<p style="text-align: right;">28</p> <p><i>Lemon Poppyseed Bread</i> <i>String Cheese</i> <i>100% Juice</i> <i>Fruit Cup</i></p> <p><b>Meatballs in Marinara</b> <b>Garlic Knot</b> <b>Romaine Salad</b> <b>Ranch Dressing</b> <b>Fresh Banana</b></p>	<p style="text-align: right;">29</p> <p><i>Breakfast Bar A</i> <i>Dried Fruit</i> <i>Fresh Banana</i></p> <p><b>Crispy Chicken Sandwich</b> <b>Wheat Bun</b> <b>Buffalo Sauce</b> <b>Steamed Corn</b> <b>Orange Quarters</b></p>	<p style="text-align: right;">30</p> <p><i>Banana Bread</i> <i>Vanilla Yogurt</i> <i>100% Juice</i> <i>Applesauce Cup</i></p> <p><b>Ham &amp; Cheese Sandwich</b> <b>Deli Ham</b> <b>Sliced Provolone</b> <b>Coleslaw</b> <b>Seasonal Fruit</b></p>

***\*This institution is an equal opportunity provider.***

***\*\*All meals are served with a choice of 1% or skim white milk. Chocolate milk is offered on Fridays.***

***\*\*\*This menu is subject to change based on item availability***

***\*\*\*\*Shelf stable meal kits available upon request.***

***Our menu items may contain milk, eggs, wheat, soy, sesame, fish or shellfish.***