CEC Windsor SEPTEMBER MENU

2024

Chef Mikey Presents

My Kid's Lunch A division of Michael's of Denver Catering **303-778-0916**



Monday	Tuesday	Wednesday	Thursday	Friday
2 Labor Day	3 No School	4 Cheese Calzone Marinara Dipping Sauce Steamed Peas Cinnamon Peaches	5 Chicken Nuggets & Waffles Syrup Carrot Bites, Ranch Dip Orange Quarters	6 Grilled Cheese Steamed Corn Cinnamon Apples
9 Meatball Sub Marinara Sauce Hoagie Roll Steamed Carrots Fruit Cup	10 Breakfast Sandwich Buttermilk Biscuit Egg Patty Cheddar Cheese Hash Browns Fresh Green Apple	11 Cheese Lasagna Roll Up Romaine Salad Ranch Dressing Cinnamon Apples	12 Beef Soft Tacos Cheddar Cheese Tortillas, Salsa Refried Beans Orange Quarters	13 Turkey & Cheese Croissant Deli Turkey Sliced Cheddar Celery Sticks Ranch Dip Applesauce
16 Chicken Tenders BBQ Sauce Homemade Cornbread Carrot Bites, Ranch Dip Kiwi-Strawberry Sidekick	17 Grilled Hamburger Wheat Bun, Ketchup Baked Beans Cinnamon Peaches	18 Pancakes, Syrup Sausage Patty Hash Browns Orange Quarters	19 Macaroni & Cheese BBQ Chicken Broccoli, Ranch Dip Fresh Green Apple	20 Mini Cheese Pizzabolis Marinara Dipping Sauce Steamed Peas Seasonal Fruit
Chicken Potstickers Soy Sauce Steamed Carrots Cinnamon Peaches	24 Seasoned Beef Chili Shredded Cheddar Homemade Cornbread Baked French Fries Fruit Cup	25 Red Chicken Tamales Cheddar Cheese, Salsa Refried Beans Fresh Banana	26 Chicken Parm Sandwich Marinara, Mozzarella Wheat Bun Steamed Broccoli Fresh Apple	27 Sun Butter & Jelly Sandwich Celery Sticks Ranch Dip Seasonal Fruit
30			1	1

Breakfast Burrito Scrambled Eggs Cheddar Cheese, Salsa Hash Browns Blue Raspberry Sidekick

*This institution is an equal opportunity provider.

**All meals are served with a choice of 1% or skim white milk. Chocolate milk is offered on Fridays.

***This menu is subject to change based on item availability

****Shelf stable meal kits available upon request.

Our menu items may contain milk, eggs, wheat, soy, sesame, fish or shellfish.